**Yoshiko Sakuma**

**Education**

**London School of Hygiene and Tropical Medicine** · (London, UK)Oct 2025 – Present

* Nagasaki-LSHTM Joint PhD Programme in Global Health
* Accessibility of cervical cancer screening among women with disabilities in Japan/UK, supervised by [Dr. Joseph D Tucker](https://www.lshtm.ac.uk/aboutus/people/tucker.joe), [Dr. Sara Rotenberg](https://www.lshtm.ac.uk/aboutus/people/rotenberg.sara), and [Dr. Atsuko Imoto](https://www.tmgh.nagasaki-u.ac.jp/en/professors/atsuko-imoto).

**Imperial College London, Global Health Service Stream** · (London, UK)Oct 2021 – Oct 2022

* Faculty of Medicine, Master of Public Health
* Dissertation Project: The SHINE project, a mixed-method study that highlights the inclusion of disabled participants in clinical trials (Funded by the EDI Seed Fund).

**International University of Health and Welfare** · (Kanagawa, Japan)Apr 2013 – Mar 2017

* Department of Physical Therapy, BSc Physical Therapy (Hons)

**Research/Work experience**

**NIHR Policy Research Unit in Reproductive Health** Sept 2024 – Present

* Research Fellow
* Leading the quality of abortion care among women with medically and/or socially complex needs with [Dr. Rebecca French](https://www.lshtm.ac.uk/aboutus/people/french.rebecca).

**London School of Hygiene and Tropical Medicine** (London, UK) April 2024 - Present

* Research Fellow, Department of Public Health, Environments & Society
* Working on [the IMPULSE study](https://www.lshtm.ac.uk/research/centres-projects-groups/impulse), [the EN-BIRTH study](https://www.lshtm.ac.uk/research/centres/march-centre/every-newborn-birth), and the WHO MNC (Maternal, Newborn, and Child) quality of care project, all under the leadership of [Dr. Louise Tina Day](https://www.lshtm.ac.uk/aboutus/people/day.louise-tina).

**King’s College London, King’s Global Health Partnership** (London, UK & DRC) Jan 2024 - Present

* Lead Researcher, [Trauma System Development](https://www.kcl.ac.uk/research/trauma-system-development) in the Democratic Republic of Congo.
* Lead fracture care assessments, evaluating outcomes through narrative review and quantitative analysis.

**London School of Hygiene and Tropical Medicine** (London, UK)Jan 2023 - July 2024

* Research Assistant, Department of Clinical Research, supervised by [Dr. Eneyi Kpokiri](https://www.lshtm.ac.uk/aboutus/people/kpokiri.eneyi) and [Dr. Joseph D Tucker.](https://www.lshtm.ac.uk/aboutus/people/tucker.joseph)
* Led the Discrete Choice Experiment (DCE) survey project to investigate sexual health service preferences among disabled older adults and sexual minorities, organised a community engagement group, online/in-person co-creation activity, and a designathon in [the SHOAR project](https://www.lshtm.ac.uk/research/centres-projects-groups/shoar).

**Imperial College London, Master of Public Health** (London, UK)Oct 2021 – Oct 2022

* The SHINE project: Shining a spotlight on the inclusion of disabled participants in clinical trials, collaborated with the Imperial Clinical Trials Unit under the supervision of [Dr. Henock Taddese](https://profiles.imperial.ac.uk/h.taddese).
* Conducted a mixed-methods study to investigate potential obstacles disabled people may face participating in clinical trials by utilising online questionnaires and focus group discussions.

**Selected publications \***[**Full list**](https://docs.google.com/document/d/1ES632WNl0Rk3WMquC72-NjBN8Gy44fhuoNY8NZC8C_4/edit?usp=share_link)

1. **Y Sakuma\***, B Lin\*, E Kpokiri, J Khan, H Zou, J Tucker, T Shakespeare, H Kuper, D Wu et al., “Sexual Health Behaviours and Outcomes among Middle-aged and Older Disabled Adults: Findings from the Third National Survey of Sexual Attitudes and Lifestyles (Natsal-3) in Britain”, 2025 (under the review).
2. **Y Sakuma\***, W Tieosapjaroen\*, D Wu, H Conyers, T Shakespeare, J Guigayoma, E Kpokiri, J Ong et al., “Preferences for sexual health services among older adults in the United Kingdom: A discrete choice experiment”, *BMJ STI*, 2024.
3. **Y Sakuma,** M Miller, T Henock. et al., “Shining a spotlight on the inclusion of disabled participants in clinical trials: a mixed methods study”, *Trials,* 2024.
4. **Y Sakuma\***, H Conyers\*, J Tucker, S Day, D Wu, E Kpokiri. et al., “Co-creating inclusive health services for older adults: An innovative participatory approach”, *Sexual Health*, 2024.
5. **Y Sakuma\***, M Lopez\*, J Tucker, S Day, D Wu, E Kpokiri. et al., “Community-engaged strategy to improve sexual health services for adults aged 45 and above in the United Kingdom: A qualitative data analysis”, *Sexual Health*, 2024.

**Conferences**

1. **Y Sakuma**, C Cao, D Wang et al., “Preferences for In-Person Sexual Health Services Among Middle-Aged and Older Adults: Findings From Discrete Choice Experiments Conducted in the UK and China”, *STI &HIV 2025 World Congress*, 2025 (Oral presentation).
2. D Wu, **Y Sakuma**, E Kpokiri et al., “A Designathon to co-create inclusive sexual health services for older adults in the UK: The SHOAR study”, *British Association for Sexual Health and HIV,* 2024 (Symposium).
3. **Y Sakuma\***, W Tieosapjaroen\*, J Ong, E Kpokiri et al., “Preferences for Sexual Health Services Among Older Adults in the United Kingdom: A Discrete Choice Experiment”, *International Academy of Health Preference Research*, 2024 (Poster presentation).
4. **Y Sakuma**, M Miller, T Henock et al., “The SHINE project: Shining a spotlight on the inclusion of disabled participants in clinical trials”, *UKCRC Registered CTU Network, Trial Managers National Meeting in Birmingham*, 2023 (Oral presentation).

**Journal/Peer-reviewing services**

Japan Society of International Rehabilitation, Editorial Board 2025 – Present

Disability and Health Journal, Science Direct 2024 - Present

Sexual Health, CSIRO Publishing 2023 - Present

**Invited Talks/International-National meetings**

Korea-Taiwan-Japan Future Network Meeting May 2025

Women in Science Excellence and Revolution (WISER) May 2025

The University of Tokyo/PPI Japan May 2025

British Association for Sexual Health and HIV June 2024

PT-skills/International University of Health and Welfare May 2024

Global Café/Japanese Physical Therapy Association Dec 2023

Trial Managers National Meeting/UK Clinical Research Collaboration  April 2023

**Scholarships/Grants**

**World-leading Innovative & Smart Education (WISE) Programme** Oct 2025 – Sept 2028

Japanese Ministry of Education, Culture, Sports, Science and Technology

**Graduate Scholarship for Degree Seeking Students** Oct 2025 – Sept 2028

Japan Student Service Organization

**Marronnier Scholarship** Oct 2021 - Oct 2022

International University of Health and Welfare, The Marronnier Alumni Association

**International University of Health and Welfare Scholarship Program: Scholar S** April 2013 - Mar 2017

Recipient of Full Tuition Scholarship, covering study at the International University of Health and Welfare

**Awards**

**The Best Research Award for Dissertation/International University of Health and Welfare** Mar 2017

Graduation thesis: “Verification of the influence on the muscle thickness of the abdominal transverse muscle in the different types of bridge exercises”.

**Award for Academic Excellence/International University of Health and Welfare** Mar 2017

The 52nd National Physiotherapist Examination, First place in the faculty

**Skills/Licenses**

Software: STATA, R, NVivo, EndNote, QGIS, ArcGIS, Qualtrics, ODK; Language: Japanese, English, French; License: Japan, and UK Physical therapist license